











WEEK ONE

HIGH GREEN PRIMARY MENU - FROM NOVEMBER 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|--|---|
| Posh Hot Dog with Onions, Jacket Wedges and Tomato Sauce |  Spaghetti Bolognese with Homemade Garlic Bread | Roast Turkey with Yorkshire Puddings, New Potatoes and Gravy |  Beef Chilli Con Carne with Homemade Nachos and Wholegrain Rice | Fish Fingers with Chips and Tomato Sauce |
| (v) Posh Quorn Hot Dog with Onions, Jacket Wedges and Tomato Ketchup |  (v) Macaroni Cheese with Homemade Garlic Bread | (v) Quorn Roast with Yorkshire Puddings, New Potatoes and Gravy |  (v) Vegetarian Tortilla Layer with Wholegrain Rice |  (v) Roasted Vegetable and Mozzarella Tart with Chips and Tomato Sauce |
| Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna |
| (v) Cheese Sandwich | Tuna Sandwich | Hot Roast Baguette | Pulled Chicken Wrap | Turkey Sandwich |
| Sweetcorn and Peas | Carrots and Green Beans | Cabbage and Mixed Vegetables | Broccoli and Carrots | Baked Beans and Peas |
|  (v) Cornflake Crispie Slice with Milkshake |  (v) Oaty Fruit Crunch with Custard |  (v) Treacle Syrup Sponge with Custard |  (v) Peach Melba Square with Custard |  (v) Chocolate Crispie |
| Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt |










Seasonal salad selection, bread and drinking water will be available daily

 = **HOMEMADE**



WEEK TWO

HIGH GREEN PRIMARY MENU - FROM NOVEMBER 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|--|
|  Salmon Sub Melt with Half Jacket Potato |  Sausages with Creamed Potatoes and Gravy | Roast Chicken with Roast Potatoes, Stuffing & Gravy |  Chicken and Sweetcorn Pie with Mashed Potatoes | Fish Fingers with Chips and Tomato Sauce |
|  (v) Margarita Pizza with Half Jacket Potato |  (v) Quorn Sausages with Creamed Potatoes and Gravy | (v) Quorn Roast with Roast Potatoes, Stuffing & Gravy |  (v) Tuscan Five Bean Chilli with Wholegrain Rice and Homemade Nachos | (v) Cauliflower and Mozzarella Slice with Chips and Tomato Sauce |
| Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna |
| (v) Egg Sandwich | (v) Cheese Sandwich | Turkey Sandwich | Tuna Sandwich | Fish Finger Wrap |
| Carrots and Sweetcorn | Cauliflower and Green Beans | Peas and Carrots | Green Beans and Sweetcorn | Baked Beans and Peas |
|  (v) Marble Cake with Custard |  (v) Chocolate Pinwheel Shortbread and Chocolate Sauce |  (v) Fruit and Jelly |  (v) Cornflake Tart with Custard |  (v) Fruit with Ice Cream |
| Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt |










Seasonal salad selection, bread and drinking water will be available daily

 = **HOMEMADE**



WEEK THREE

HIGH GREEN PRIMARY MENU - FROM NOVEMBER 2016

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
|  Chicken and Sweetcorn Pizza with Half Jacket Potato |  Beef Meatballs in Tomato Sauce with Wholegrain Rice | Roast Chicken with Yorkshire Pudding, New Potatoes and Gravy |  Beef Lasagne with Homemade Garlic Bread | Fish Fingers with Chips and Tomato Sauce |
|  (v) Cheese & Tomato Pizza with Half Jacket Potato |  (v) Beandillas with Savoury Rice | (v) Savoury Vegetarian Mince with Yorkshire Pudding, New Potatoes and Gravy |  (v) Vegetable Lasagne with Homemade Garlic Bread |  (v) Bean Bake with Chips and Tomato Sauce |
| Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna | Jacket Potato with (v) Cheese, (v) Cheese Savoury, (v) Baked Beans or Tuna |
| (v) Egg Sandwich | Ham Sandwich | Hot Roast Baguette | Turkey Sandwich | Tuna Sandwich |
| Baked Beans and Sweetcorn | Carrots and Broccoli | Cauliflower and Green Beans | Mixed Vegetables and Peas | Baked Beans and Mushy Peas |
|  (v) Apple Flapjack Finger with Milkshake |  (v) Fruit Cobbler with Custard |  (v) Tootie Fruity Ice Cream |  (v) Chocolate Shortbread with Custard |  (v) Chocolate Fudge Cake |
| Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt | Fresh Fruit/Yoghurt |

Seasonal salad selection, bread and drinking water will be available daily

 = **HOMEMADE**

