

Colours in the left column represent the band colour your child should choose for the meal that day

WEEK ONE Weeks Starting: 30 Oct : 20 Nov : 11 Dec : 1 Jan					
Dish of the Day 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day 1	Salmon Fishcake with Half Jacket Potato	Beef Chilli Con Carne with Wholegrain Rice	Roast Chicken with New Potatoes, Stuffing and Gravy	Minced Beef Pie with Mashed Potatoes and Gravy	Fish Fingers with Chips and Tomato Ketchup
Dish of the Day 2	(v) Cheese & Tomato Pizza with Half Jacket Potato	(v) Quorn Sausage with Mashed Potato and Gravy	(v) Quorn Roast with New Potatoes, Stuffing and Gravy	(v) Macaroni Cheese with Homemade Tomato and Herb Bread	(v) Beany Burrito with Chips and Tomato Ketchup
Over Baked Jacket Potato	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna
Sandwich Option	(v) Cheese Sandwich	Pulled Chicken Wrap	Hot Roast Baguette	Tuna Sandwich	Turkey Sandwich
Vegetables	Sweetcorn and Baked Beans	Green Beans and Carrots	Cabbage and Mixed Vegetables	Broccoli and Carrots	Peas and Baked Beans
Desserts	(v) Frozen Yoghurt with Peaches	(v) Treacle Bites with Custard	(v) Apple Sponge with Custard	(v) Jam Shortbread with Custard	(v) Marvelous Muffin
WEEK TWO Weeks Starting: 6 Nov : 27 Nov : 18 Dec					
Dish of the Day 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day 1	Sausage with Mashed Potatoes and Gravy	Beef Spaghetti Bolognese with Homemade Garlic Bread	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Goulash with Wholegrain Rice	Chicken Stackers with Chips
Dish of the Day 2	(v) Quorn Sausage with Mashed Potatoes and Gravy	(v) Vegetarian Spaghetti Bolognese with Homemade Garlic Bread	(v) Quorn Roast with Stuffing, Roast Potatoes and Gravy	(v) Cheese & Tomato Pizza with Half Jacket Potato	(v) Cheese & Pepper Fian with Chips
Over Baked Jacket Potato	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna
Sandwich Option	(v) Egg Sandwich	(v) Cheese Sandwich	Turkey Sandwich	Tuna Sandwich	Fish Finger Wrap
Vegetables	Carrots and Mixed Vegetables	Sweetcorn and Green Beans	Peas and Carrots	Broccoli and Sweetcorn	Peas and Baked Beans
Desserts	(v) Ginger Shortbread with Custard	(v) Chocolate Muffin	(v) Oaty Fruit Crunch with Custard	(v) Fruit with Jelly	(v) Strawberry Ice Cream with Shortbread Finger

WEEK THREE Weeks Starting: 13 Nov : 4 Dec : 25 Dec					
Dish of the Day 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day 1	Posh Hot Dog with Onions, Jacket Wedges and Tomato Sauce	Chicken Curry with Wholegrain Rice and Cucumber Raita	Bacon Loaf Chop with Mashed Potatoes, Yorkshire Pudding and Gravy	Beef Lasagne with Garlic Bread	Fish Fingers with Chips and Tomato Ketchup
Dish of the Day 2	(v) Posh Quorn Hot Dog with Onions, Jacket Wedges and Tomato Sauce	(v) Vegetable Biryani	(v) Quorn Roast with Mashed Potatoes, Yorkshire Pudding and Gravy	(v) Baked Bean Lasagne with Garlic Bread	(v) Cheese Fian with Chips
Over Baked Jacket Potato	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna	Jacket Potato with (v) Cheese, (v) Baked Beans or Tuna
Sandwich Option	(v) Egg Sandwich	Ham Sandwich	Hot Roast Baguette	Turkey Sandwich	Tuna Sandwich
Vegetables	Colislaw and Sweetcorn	Green Beans and Carrots	Broccoli and Mixed Vegetables	Carrots and Peas	Mushy Peas and Baked Beans
Desserts	(v) Pear and Chocolate Sponge with Chocolate Sauce	(v) Treacle Bites with Custard	(v) Apple Crumble with Ice Cream	(v) Lemon Drizzle Cake	(v) Jelly & Ice Cream

Over 80% of our dishes are freshly prepared from unprocessed ingredients.



Yoghurt and fruit, including fresh, dried and tinned in juice, will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily

Please note that menus may be subject to change in the event of any circumstance that unavoidably disrupts the School Meals Service

Taylor Shaw

